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Your essential daily news | Thursday, July 7, 2016

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Rate of superbug infection spikes

CHILDREN'S HOSPITAL

But AHS says small volume of patients skews numbers high



Jeremy Simes For Metro | Calgary

The number of hospital superbug infections caused by Clostridium difficile (C. diff) has jumped by about 289 per cent at the Alberta Children's Hospital, according to Alberta Health Services' (AHS) quarterly performance report.

In the third quarter of the 2015-16 fiscal year, there were 3.5 C. diff infections for every 10,000 patient days, a 289 per cent jump from 0.9 infections during the third quarter of last fiscal year. The 2015-16 target is 2.4 at the Alberta Children's Hospital.

A rate of 4.0 means approximately 100 patients per month acquire C. diff infections in Alberta, according to the performance report.

In an email, AHS said C. diff in-

fections are influenced by antibiotic use, meaning infection rates can fluctuate according to the types of patients being treated in the

That means patients who have undergone marrow transplants and children with cancer, among others, are extremely susceptible to C. diff given the amount of antibiotics required, AHS said.

"If there are more of these types of patients in hospital during a specific time, the rates of (C. diff) can increase."

However, AHS noted the Children's Hospital has a small number of patient beds compared to larger, adult-care hospitals in Calgary.

That means fluctuations of C. diff can appear larger at the Children's Hospital due to the small volume of patients compared to other sites.

C. diff infections occur when bacteria grow to significant numbers in the bowel, causing diarrhea and inflammation of the large bowel.

AHS said it has a strong infection prevention and control program that works to minimize transmission of microbes and quickly isolates people when necessary to prevent the spread of infection.



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Wildest Stampede ride of all—trying to catch one

TRANSPORT

Cabbies buckle up for another stressful set of rodeo nights



Helen Pike Metro Calgary

The yearly test of patience and service has arrived for Calgary's fleet of taxis: Stampede.

Although a lot of things have changed in the livery world this past year, cabs are still king of the rodeo when pegged up against transportation network companies.

"In this short period of time it's the busiest time of the year for taxi drivers," said Mario Henriques, chief livery inspector with the City of Calgary. Although taxi ridership is trending downward he noted anything is possible during Stampede. "Stampede is such a unique event, we can't predict that. This year could be the biggest draw for Stampede because people aren't travelling."

This year, there are approximately 70 drivers between Tapp Car, Keys Please and Allied Black to choose from if you're seeking a taxi break, but those looking for Uber to return to Calgary - that's an impossible feat.

"Making an application at



Giddy up your transportation mode of choice this Stampede, just don't count on Uber to hitch a ride to the grounds. HELEN PIKE/METRO

this late stage would be very problematic from a timing perspective, given the volume of drivers they have in other municipalities," said Henriques. "It's just too close."

Henriques said this applies

for all TNCs, not just Uber, but noted they still are not licenced in Calgary, and haven't yet initiated the process.

Despite the draw of fire-sale prices with Uber, remember that this year is the first time

Stampede is such a unique event, we cannot predict (ride statistics).

Mario Henriques, city's chief livery inspector

cabs will be offering their discounts between 15 and 20 per cent off the regular fare - and they don't do surge pricing.

To ensure the wild rodeo night rides go smoother than a bucking bull, the City of Calgary has made tweaks to taxi stands.

In 2015 there were five taxi stands, and this year Henriques said they've made additions

and changes. There's a new stand on 15 Avenue SE just outside of the +15 which is in addition to the stand already on McLeod trail.

The best performing stand of 2015 was the 12 Avenue stand on the west side of Cowboys with over 63,000 trips.

For more information search Calgary.ca for "Stampede Taxi



Around the clock service

As always, Calgary Transit has ramped up service to a 24-hour frenzy in order to keep up with their busiest season.

CTrains will be working around the clock, every five to eight minutes from 6:00-12:45 a.m. and every 30 min. from 12:45-5:00 a.m. There's also BRT route 304, which travels from North Pointe Terminal has 11 stops along the way to Stampede Grounds.

As a bonus, day passes are also discounted: adult regular \$9.50 will be on for \$6.50 and youth \$4.50 instead of \$6.75. There's more information at: calgarytransit.com



BY BIKE

Keeping things green

Calgary Stampede has acknowledged that getting to the grounds by bike is an increased mode of transportation and a great green way to ride.

This year they've got three bike valets: one at the Erlton entry, Olympic entry and MacDonald Avenue entry into the new Indian Village. The valets are staffed during the "park open hours" from 10:30 a.m. to 10 p.m. But you're encouraged to bring your own lock. ENMAX park is right on the regional pathway system and a great way to get people moving straight to the gate.



ON THE BEAUTIFUL TSUUTINA NATION.

Quebec City giving Calgary gift of music



Calgary opened a gift from its sister city in Quebec in the East Village on Wednesday.

A new music pavilion located on the river walk, just a stone's throw from Fort Calgary, will provide a space for musicians to perform and people to gather.

The octagontal stage with a roof - picture an extra large gazebo — was a gift from Quebec City on the 100th anniversary of the Stampede. The Calgary Muni-

cipal Land Corporation donated the land in the East Village and will be responsible for upkeep of the structure.

Quebec City's deputy mayor Michelle Morin-Doyle was on hand for the opening. She brought along up-and-coming band Tire le Coyote, whose altcountry sounds were not at all out of place in the run-up to Stampede.

Mayor Nenshi noted the pavilion was constructed by an allfemale team from Ryan Murphy Construction. He said the structure is a replica of one that is in Quebec City.



Eva Pea and Derek Wilken dance to the music of Tire le Coyote at the opening of a new music pavilion in Calgary's East Village. BRODIE THOMAS/METRO

Local man charged after crashing vehicle

Calgary police have charged Travis Ricky Ball in connection with the driving spree that ended when the vehicle hit a business in southeast Calgary early Tuesday morning.

During the driving spree Ball deliberately drove into oncoming traffic for a number of hours at speeds between 140 and 180 kilometres per hour, running

several red lights in the process. Ball, 25, of no fixed address in Calgary, has also been charged in connection with an incident at Market Mall on Friday, June 24, where he allegedly tried to steal property from a store and fled in a stolen vehicle, as well as allegedly stealing a vehicle from a home in Aspen Woods on Sunday, June 19.

He has been charged with twodozen offences, including assault, dangerous operation of a motor vehicle and hit-and-run. METRO



The City of Calgary says it has been ensuring the Concord construction site remains safe for the public. JENNIFER FRIESEN/FOR METRO

Residents upset over condo suspension

DEVELOPMENT

Developers say crews will begin pouring concrete in Aug.



Jeremy Simes For Metro | Calgary

Some Eau Claire residents say a giant hole dug for a luxury condo development has become quite an eyesore ever since construction has been inactive since late April.

On Wednesday, the City of Cal-gary Planning and Development department said the Concord luxury condo project in Eau Claire

has been suspended since April 28 so that developers have more time to complete construction.

Eau Claire resident Hannah Hawkes said residents and parkgoers will just have to deal with the hole.

"I think it's been an empty hole for a pretty long time. It's pretty ugly," she said, "but such is life, I think, in our current economy."

Grant Murray, senior vicepresident of sales with Concord Pacific Developments, said the development was ahead of schedule due to the warmer winter, meaning the hole has remained much longer than anticipated as they wait for cement pouring.

"We are focussed on procuring the best trades available for this sophisticated development,"

I think it's been an empty hole for a pretty long time. It's pretty ugly.

Hannah Hawkes

Murray said in a prepared statement. "As we don't see construction prices escalating in Calgary, we can take our time to assure a high quality building."

But Eau Claire resident Rae-Lynne Mills said the development has wreaked havoc on the surrounding park space.

"It's just not pretty the way it is. There is an element of danger to the (empty hole)," she said. "It's not that secure the way it

stands right now with that minor fence to climb over."

The city, however, said it has ensured public safety of the site by making sure fencing is complete and secure, monitoring shoring for any signs of movement, and ensuring water pumping is operational and all material is secure.

"We've had regular site safety inspections since (late April), and had a site meeting with the superintendent in May to review safety protocols during suspension," said city Planning and Development spokeswoman Jennifer Atkinson.

Murray said concrete pouring is expected to begin in August, and a crane will be erected thereafter to build the condo.

- WITH FILES FROM JENNIFER FRIESEN



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Calgary Transit has still not recouped funds from its last venture with an automated pay vendor, but will continue to look into new options. METRO FILE

Calgary Transit still looking for a Plan B

TRANSPORTATION

Automated pay system at least four years away: Morgan



Helen Pike Metro Calgary

Calgary's still a long way away from an automated pay system for Calgary Transit, a year after the city abandoned its Connect Card contract.

Calgary Transit announced in June 2015 it would be scrapping the long-awaited Connect Card technology after several hiccups with Schneider Electric, ultimately costing the city \$5 million — money it's still trying to retrieve from the company.

According to a transit spokesperson there's "nothing new on the legal front."

But on Wednesday, transit director Doug Morgan said a Plan B is still being sought.

"There's been some new developments in Philadelphia that we're interested in - a more tap-and-pay, Mastercardtype operation," Morgan said. "We've watched carefully both Toronto and Vancouver at the cost of those systems, so we're very sensitive to pick the right one, especially as technology is tipping over to the 'pay-withyour-cellphone route."

Morgan noted once a suitable, reliable system is pinpointed and a budget approved, council would be looking at a two- to four-year timeline for implementation.

Coun. Jim Stevenson, who was curious about the card's status, wanted to hear about a solution sooner.

"That's too bad that we're talking that much in the future before we get this," said Stevenson.

"Swipe cards would give us so much more flexibility to help the low-income people with a single pass."

Morgan agreed about the flexibility, but noted the pass needs to "work well."

"We want that level of service for the customer to be appropriate, and that's why we want to make sure we proceed carefully," said Morgan.

Connect was scrapped just one month before it was meant to launch last year. Morgan said there were reliability issues with the project, and after already having terminated the contract in 2012 and reviving it in 2013 under renewed promises it would go off without a hitch for summer 2015; it was the final straw.

Mayor Naheed Nenshi echoed those concerns in 2015, saying similar systems, like the Presto Card, was costing other municipalities over \$700 million - and he'd rather "build an LRT with that."

"We've seen these problems really appear everywhere ... I've been concerned for some years that this project wasn't going anywhere and at this point when I realize the reliability just wasn't there, that we're seeing service failures on average 30 in a month, that's just not right," Nenshi said.

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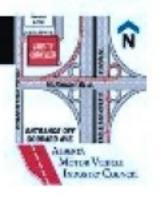






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Councillors move towards sliding scale



Helen Pike Metro | Calgary

Councillors are slowly moving towards a sliding scale for lower-income transit pass holders.

On Wednesday, a city committee voted in favour of adopting a new "banded" system for lower-income pass users that would change the current \$44 pass to a sliding scale dependent on income.

If approved at the council rent is affordable, all the servilevel, this could deepen the current discount for pass holders up to 95 per cent based on their income for 2017.

Several stakeholders came forward from various organizations to speak on behalf of lowering the pass further, and offering those just outside of the low income cut-offs (LICO), and implementing the discounts immediately.

"I'm living in a place in Bowness where even though my

ces are fairly expensive," said Nigel Kirk, speaking on behalf of himself. He explained that Transit was a necessity for him. "I'm on Alberta Works ... the fact is, what I have left over after I pay my rent almost all goes to groceries."

He said once that money is dried up he has to find bus tickets because the low-income pass is just out of reach.

This was just one of many stories about those who could use the low-income pass if the discount was scaled down.

Doug Morgan, Calgary Transit director said it was heartening to hear how important the lowincome pass is and he's excited to bring feedback to his staff.

Coun. Brian Pincott, moved a motion to amend administration's recommendations and further deepen the discount from 85 per cent to 95 per cent. It passed unanimously, which will make the pass for lowest earners about \$5 a month.



Calgary Police Service Sgt. Colleen Bowers with the Child at Risk Response Team says leaving children in cars isn't safe. JEREMY SIMES/FOR METRO

Don't leave kids in cars, police warn

SUMMER DANGERS

Pets can also suffer if left for prolonged period of time



Jeremy Simes For Metro | Calgary

Calgary police Sgt. Colleen Bowers recalled first responders and parents frantic as they were trying to locate a child who had been part of a vehicle theft. The parents had left the child in the car moments prior to the incident, she said.

On Wednesday, EMS, the Calgary Police Service and the Calgary Fire Department joined forces to remind Calgarians about the dangers of leaving children unattended in vehicles during the summer months.

Bowers, who's with the Child at Risk Response Team, said the perpetrator involved in the car theft didn't initially know a child was sitting in the back seat.

"Fortunately it turned out OK," she said. "The perpetrator left the vehicle abandoned close by because he obviously saw the child, but you never know how they're going to react, and you never know where they're going to leave the car.

"If they leave it not running and it's hot, it could've taken us - heaven-knows how long — to find the child."

That incident prompted Bowers to remind Calgarians that leaving children in vehicles that are running is also not safe.

"It's not safe no matter what," Bowers said, "Don't leave the child in there under any circumstance."

Adam Loria, public educa-tion officer with Alberta Health Services, said EMS deals with a "handful" of calls every year.

He said the greatest increase in temperature within a closed vehicle happens in the first 30 minutes and can double in less than an hour, where children will begin to experience heat distress within a few minutes.

And even if it's not scorching outside, leaving kids in cars when it's milder still poses risks, Loria added.

"Think of it like a greenhouse," he said. "Children suffering heat-related illness may require immediate medical intervention. Left untreated, it could lead to heat stroke, which can be fatal."

Leaving animals in hot cars can also be dangerous to pets and cracked windows and water don't eliminate health risks, according to the Calgary Humane Society.

Calgary Fire Department spokeswoman Carol Henke said crews attended 104 animal rescue calls over the last four weeks. The "vast majority" of those class were of dogs being left in cars, Henke said.

"The inside of a vehicle can rise very quickly in a very short period," the humane society's website said. "Because your pet cannot sweat effectively, it cannot cope with the heat like a human."



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Calgary | metr@NEWS 10 Thursday, July 7, 2016

Deerfoot transformation begins

REDEVELOPMENT

Mall being demolished to pave way for shopping city



Aaron Chatha Metro | Calgary

Why settle for a shopping mall, when you could have a shopping city?

The demolition of Deerfoot Mall is underway to create the dramatic new Deerfoot City, a collection of outdoor shops connecting to a grand central plaza that developers envision as a new type of shopping - and social — experience.

"Existing in Calgary, you've got some strong enclosed malls and a plethora of strip shopping centres with cheap buildings and big parking fields," laughed Shape Properties development VP Darren Kwiatkowski.

"This is about creating an experience where people want to spend more time — there's a greater level of design aesthetic, rich, lush landscaping,



Developers say the new design will encourage activity to naturally spill outdoors. COURTESY SHAPE PROPERTIES

plazas — a real concentrated effort to create a great experience for the shopper."

Using the vacant lot next to the existing mall, the plan is to create a series of neighbourhoods over 80 acres. These include the Style District, which will feature homegrown labels, and The Food Lodge, a tasty retreat complete with a fireplace to warm your feet.

"The central plaza is designed to be the social heart," Kwiatkowski explained. "What that means is, there's an extremely large water fountain surrounded by restaurants and patios, so it

creates a real vibrant space."

Patios play a big role in making the space different from other outdoor malls - it brings people into the space, allowing social interaction to spill out



The central plaza is designed to be the social heart.

Darren Kwiatkowski

naturally.

Kwiatkowski emphasized that they'll be paying special attention to the architecture this isn't going to be just stacks of grey buildings standing side by side. He imagines beautiful high streets that not only encourage people to shop more, but make it a fun place to hang out. With wide sidewalks, it's made with pedestrians in mind.

The redesign is already attracting new chains — Cabela's opened in Fall of last year, and Cineplex is scheduled to open it's new Rec Room concept, which includes live entertainment and gaming, by December.

Very little of the old mall will be intact when the project is done. The current phase is creating a large main street to connect the north and south sides of Deerfoot City, and is projected to officially open in





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Make-a-Wish sets \$155K goal

Rope-For-Hope participants to rappel down skyscraper



Lucie Edwardson Metro | Calgary

Harnesses secured, I stepped up on the ledge and lightly pushed myself away from the building — a short 15 storeys up — and began my rappel down the Barclay Centre in downtown Cal-

In preparation for the third annual Rope-For-Hope event Thursday, put on by the Make-A-Wish foundation, media were invited to rappel down the building Wednesday morning.

Looking down, I was a bit nervous - after all, I was dangling above the busy street with cars and people rushing around like little Lego people. But, a few deep breaths and I was off,

waving at people sitting in their offices as I pushed off their windows and tapping with my toes to get their attention.

Sean Croal, 18, a past wish kid who survived Osteogenic sarcoma (cancer in the bones), attended Pemberton Music Festival in 2013 granting his wish to meet his favourite DJ, Dead-

Sean said events like Rope-For-Hope help kids who have been through the ringer have something to look forward to.

"Without the money being raised at events like this obviously these kinds of wishes can't happen," he said. "It's a celebration of surviving and making it through - it makes all the difference."

Croal, who will be studying jazz music at Edmonton's MacEwan University in the fall, volunteers frequently with the Make-a-Wish foundation DJing their events. He will be spinning some tunes for those rappelling as they make their descent Thursday.

Kim Anthony, Make-A-Wish



Former wish kid. Sean **Croal and his mother Janet** Croal, said events like Rope For Hope give sick kids something to look forward to. LUCIE EDWARDSON/METRO

Southern Alberta CEO, said 70 individuals will rappel Thursday - all of whom have raised \$1.500 or more for the cause. She said their goal is to raise \$155,000.

"It translates to about 15 wishes, so it's a huge number of wishes," she said. "We plan to do about 50 wishes this year, so that is a large percentage of the wishes in a year."

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USED CARS SOLD AT DEALERSHIPS COST

Carl Holst, Sales Manager of Stampede Toyota, just announced plans to hold a dealer cost used car and truck sales event Taking place, one day only Saturday July 9, 2016. According to Mr. Holst record sales from the last few months have resulted in an overstock of trade-ins. "In the last three months our sales have increased at a tremendous rate", Holst said. "Now, we must reduce the number of cars and trucks on our used lot to a more manageable number. **During this Dealer Cost** Event between 9am and 10am every used car and truck will be sold at the dealerships cost. Every hour thereafter the prices will increase \$500 every hour on the hour. These prices will be thousands below the original price." Mr. Holst said. "in fact, cars that normally sell for thirteen to eighteen thousand dollars will be sold for eight to thirteen thousand," Mr. Holst said. "Our customers will find these prices even lower than at wholesale auc-

Auction bidding often inflates the true value of a car so you pay

more. Here every car is on sale, first come first served and no bidding. It's the perfect opportunity to get a good quality used car at the lowest price possible, including vehilces at the dealerships cost. All cars will be on display at Stampede Toyota on Barlow Trail, 2 blocks North of the Trans Can-

One of Calgary's **largest Toyota** certified used vehicle dealers is overstocked and is forced to sell used cars and trucks at the dealerships cost, Saturday July 9, 2016 during a one-day sale event.

ada Highway. At 8:00 am all vehicles will be opened so that buyers may inspect the vehicles for one hour before the sale begins Saturday at 9:00am when the prices are posted on the windshield you will be given the first opportunity to purchase the vehicle at the dealership cost. This innovative approach to selling used vehicles will make it

easy and quick for anybody in the market for a good used vehicle to get a great car or truck at a very low price with no hassle.

"Canadian and Amer-

ican wholesale buyers will be represented to pay top dollar on all trade-ins during the sale," Mr. Holst said. "We also have three of the best Financial Service Managers in the City, who will help buyers arrange low-cost financing. We've got over \$10 Million Dollars in inventory to choose from. Our total inventory will be close to 600 new and used cars and trucks. We want to remind everyone that this is a one-day sale only. When our inventory has been reduced, we will remove the sale prices and return to normal operations. Since we are a local business we would like to give back to the community," Mr. Holst said. "We would rather allow local people to buy these overstocked vehicles than wholesale them at an auction." Due to the volume of sales during this event, please no telephone inquiries.



Conservative MP Jason Kenney arrives at an event in Calgary on Wednesday announcing he will seek the leadership of Alberta's Progressive Conservative party. JEFF MCINTOSH/THE CANADIAN PRESS

Kenney pledges to unite right again

PROVINCIAL POLITICS

12

Candidate says it will be 'walk in the park' to bring harmony

MP Jason Kenney thrust uniting the right to the front burner of Alberta politics Wednesday as he pledged to use a run at the Progressive Conservative leadership to bring together small-c conservative voters to defeat the NDP.

The former federal cabinet minister said it's imperative that the Alberta Tories and Oppos-ition Wildrose put past differ-ences aside if they are to take back power from Rachel Notley's "accidental NDP government."

"There is only one way to eliminate that risk, only one way to ensure that we defeat the NDP in 2019 and get Alberta back on the right track. And that is to unite Albertans around a com-

Wildrose supporters are not our enemies.... They're our friends. They are family. Jason Kenney

mon cause," he told supporters Wednesday.

The Wildrose emerged as a political force in Alberta about a decade ago when disaffected conservatives grew upset with the long-governing Tories and their perceived drift to the political centre. The two parties split the right-leaning vote in the May 2015 election, and the NDP captured a majority for the first time in provincial history. Tory leader and premier Jim Prentice resigned on election night, and the party has been without a permanent leader ever since.

It could be a tough fight brokering a reconciliation between the more moderate PCs and the hard-line Wildrose.

The PCs have said they aren't keen to merge. One Tory member of the legislature, Sandra Jansen, has already said she won't sit in a Tory caucus led by Kenney.

Party president Katherine O'Neill said she expects other candidates will join the race.

"I can't talk about his candidacy, but ... it will definitely bring a lot of interest back to the party and what the party's been up to since the election.'

The Wildrose has said it would be happy to unite but only under its banner and with Leader Brian Jean calling the shots.

Kenney highlighted his efforts as a member of the Reform party and later the Canadian Alliance, saying if that party managed to merge with the federal Tories in 2003, bringing together Alberta conservatives should be a "walk in the park." THE CANADIAN PRESS

PERSONALITY

Warm, vocal man expected to step out of Harper's shadow

Whatever you think you know about Jason Kenney probably doesn't conform to reality.

Kenney, the 48-year-old star lieutenant to former prime minister Stephen Harper, was one of the highest-profile and most media-accessible ministers during a decade of Conservative rule that wasn't characterized by either trait.

Yet those who know him well say the common Kenney caricature — a rumpled, social conservative, partisan spear-

carrying culture warrior with a permanent five o'clock shadow — almost entirely misses the mark.

"He's one of the warmest, funniest, most engaging people ... whereas on television he probably comes across as more associated with the Harper years and a certain style of politics," says Mark Cameron, a former policy director in Harper's Prime Minister's Office who now heads an environmental research group.

Political reporters know Kenney as the guy who always had a point of view and was willing to share it and vigorously defend it - a rare trait in any government and pure gold during the buttoned-down Conservative reign.

"That's definitely his hallmark, that he's open, he's engaged and he likes to state his opinion and argue it openly, as opposed to always couching behind message lines," says Cameron. THE CANADIAN PRESS

tions."

A perfect match ... so put a ring on it

City delights as diamond giant opens new HQ in northeast



Diamonds may be forever, but corporate head offices - not so much.

Luckily, Toronto's loss of De Beers Canada's head office was Calgary's gain.

The world's largest diamond company officially opened its Canadian corporate offices in Calgary's northeast Wednesday afternoon, and the city was ready to welcome everyone Stampede-style with a white-hat ceremony.

Kim Truter, CEO of De Beers Canada, said the company had explored multiple Canadian cities including Vancouver, Edmonton and Yellowknife, as well as possibly remaining in Toronto.

He said they came to Calgary at the perfect time to bring on people skilled in geology and other mining techniques.

The office will staff 67 people, and 40 of those were local hires.

"We picked up some very, very good people out of the oil industry and we're extremely grateful for that. We're going to hang onto them with everything we can," he said.

Calgary Economic Development president and CEO Mary Moran said the expertise available in Calgary was key in attracting De Beers.

"They knew that we had a science-based population with

Public helps track down suspect in armed robbery

a man accused of robbing

a liquor store in the city's

The crime took place

around 6:40 p.m. on June

23 when a man entered

duced a large knife and

demanded money.

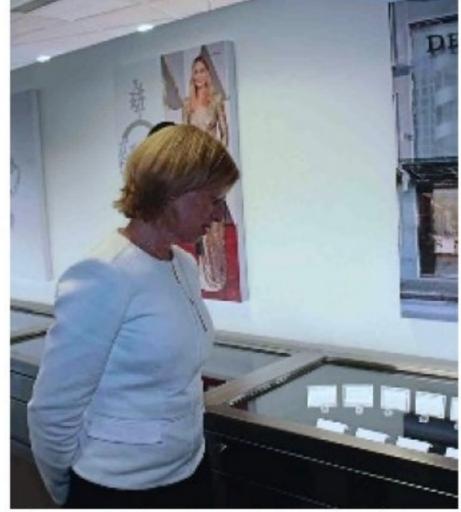
the T&T Liquor store, pro-

Jerry Kenneth McNally

was arrested Tuesday and

charged with one count of commercial robbery. METRO

Thanks to help from Calgarians, the Calgary Police Service has been able to identify and arrest



Calgary Economic Development CEO Mary Moran looks at gems on display at De Beers' new office. BRODIE THOMAS/METRO

\$63 million

Canadian mining firm Lucara sold a massive 813-carat diamond for \$63 million, a new record for a rough gem, in May.

experience in exploration, which was really important. They've been able to attract some of the best and brightest, which has been great for

The lifestyle was another big factor, according to Moran. Calgary Economic Development staff met with the newly arriving De Beers personnel to give them a crash course on life in Calgary.

She said scooping De Beers is great for Calgary, since it is a world-famous brand.

"It's rather iconic, and that sends a great message to people that are considering Calgary."

Moran said she wasn't surprised De Beers decided to locate near the airport instead of the downtown, since its focus is on logistics.

"We're trying to build the northeast up as a logistics hub. There will be a lot of companies coming into this area in the next little while, which I think will help De Beers feel even more at home."



Kiosk gets rolling as info goes mobile

Tourism Calgary hopes visitors to the city will have attraction information at their fingertips with a new mobile kiosk rolled out Wednesday.

The new Wi-Fi-enabled information booth and team of summer staff will bounce around Calgary's numerous seasonal events and festivals to provide "experience counselling" for visitors and residents alike.

The kiosk will help fun-seekers plan travel itineraries and suggest different experiences

and attractions for people to

With \$1.7 billion in economic benefit generated by visitors to Calgary, the city's tourism officials wanted to provide accessible, real-time information for the influx of people, with the hope it has a further widespread benefit to the city economy.

The mobile kiosk and a fixed location tent will be at various locations around Calgary through the summer. METRO



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IN BRIEF

southeast.

Isis here to stay, says salon owner

NIAGARA FALLS

Some think business is linked to terror group

People continue to flock to Isis, and its leader says it is here to stay and growing big-

Don't be alarmed. Not that ISIS. We mean Isis, a small body-sugaring and esthetics salon, in Fonthill, a community not far from Niagara Falls.

The salon is named after the Egyptian goddess Isis, reflecting body sugaring's roots as an ancient Egyptian hair-removal process. Its name predates the prominent moniker of the extremist group, also known to many as Daesh, by about 13 years.

"Everybody knows me as Isis," says Brigitte Boucher, owner of the salon.

Boucher opened the busi-

ness 15 years ago in London, Ont, then moved it to its current location about three years ago. She specializes in natural body hair removal using homemade products. You can also get a manicure, pedicure, lash extensions and a facial.

"There's no beheading going on," Boucher says. "There's a lot of hair removal."

The name of the salon has raised a few eyebrows over the past few years. Boucher says she has noticed people taking photos of the storefront, which sports the company name. She also deals with the occasional caller phoning to inquire if the business is connected to Daesh (known as the Islamic State).

This has prompted her to post a sign in the front window stating "We are not affiliated with the Islamic State of Iraq Syrie (sic)" in capital letters.

Boucher said she cried when she first learned the name of the radical Islamist group a few years ago.

"I'll watch the news every



In 2014, Halifax's Immigrant Settlement and Integration Services (ISIS) became the Immigrant Services Association of Nova Scotia, or ISANS.

Isis, the dog on the television drama Downton Abbey, was killed off that year amid rumours the show didn't want the canine sharing its name with the jihadist group, although producers denied that was the case.

once in a while, and there's an ISIS bombing and I'm like, 'Here we go. I'm gonna get a call or two," she says.

Reviews on Isis' Facebook page are all positive. One patron posted that she was "totally in love with Isis." TORSTAR NEWS SERVICE



Isis, a small body sugaring and esthetics salon in the Niagara region, has seen its business improve despite misconceptions over whether it is connected to the terrorist group, according to owner Brigitte Boucher, TORSTAR NEWS SERVICE

BRITISH COLUMBIA

Garlic used to ward off mosquitoes

Folklore says a bulb of garlic will repel a vampire, but a northwestern B.C. community believes the pungent vegetable is the answer to fighting a smaller, but equally blood-thirsty pest.

The District of Taylor has approved a pilot project to apply an environmentally friendly but potent garlic solution to several areas around town in hopes of wiping out mosquitoes.

The solution is 99 per cent garlic and Taylor councillors have been assured it can kill mosquito larvae while the leftover sulphers are undetectable by humans but deter adult mosquitoes for weeks.

Several baseball diamonds in Taylor will be sprayed first, and the concoction will also be applied around the downtown core.

Based on costs and results, Taylor council intends to expand the pilot project in 2017.

Taylor joins a handful of Canadian communities, including Leduc, Alta., and Huntsville, Ont., in using garlic to eradicate pests, with Huntsville using the potion to control black flies in advance of the 2010 G8 meeting.

THE CANADIAN PRESS

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metr@NEWS Canada

Thursday, July 7, 2016 15

'I do' win a Bahamas trip

16 lucky couples win to destination wedding trips

Sixteen Canadian couples are set to say "I do" at wedding ceremonies taking place simul-taneously in the Bahamas later this year.

The spouses-to-be won the prize through an online contest aimed at promoting the Bahamas as a travel destination for weddings and honeymoons.

The simultaneous weddings

at locations throughout the Bahamian islands are set for Nov. 16, at 4 p.m., local time.

The couples — seven from Ontario, five from Alberta, two from Manitoba and one each from Nova Scotia and New Brunswick - will receive round-trip airfare and accommodation in the Bahamas, plus a "personal wedding co-ordinator."

The Ministry of Tourism in the Bahamas ran the same contest in the U.K. and the U.S in previous years.

Paul Strachan, the senior director at the Bahamas Tourist Office in Canada, said about 350 couples entered the contest.



The couples - seven from Ontario, five from Alberta, two from Manitoba and one each from Nova Scotia and New Brunswick will receive round-trip airfare and accommodation. ISTOCK

Lana Newell, 35, and her fiance Mark Voisin, 43, are the winners from Nova Scotia. Their wedding is being planned

in Exuma.

Newell and Voisin were working as teachers in New Zealand when they got engaged

four years ago. They wanted to make sure their friends and family could be at their wedding, so they waited until they came back to Canada to start planning. When they couldn't find full-time work right away, they had to put everything on

"We were really dreaming of a beach wedding, but financially a beach wedding wasn't in the question ... you enter contests and still don't really think you have a chance," Newell said. "Now, here we are in Canada, we have the friends and family, and we have our wedding. We're set now."

THE CANADIAN PRESS

CANADA-EU

Brexit may risk trade deal risk

Britain has assured Canada it will push for speedy ratification of the mammoth free trade deal with the European Union, despite its intention to leave the 28-country bloc, says International Trade Minister Chrystia Freeland.

Freeland said she has received assurances from her British counterpart, Lord Mark Price, and that he's conveyed those same assurances to their EU counterpart, Cecilia Malmstrom.

"We've ... had assurances from Britain that Britain would be supporting the EU at that level, and is proud to do so," Freeland said this week. THE CANADIAN PRESS



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18 Thursday, July 7, 2016

World metr
NEWS

Daesh's cyber sex slavery

IRAQ

Group uses app to buy and sell its new victims

The advertisement on the Telegram app is as chilling as it is incongruous: A girl for sale is "Virgin. Beautiful. 12 years old.... Her price has reached \$12,500 and she will be sold soon."

The posting appeared on an encrypted conversation along with ads for kittens, weapons and tactical gear. It was shared by an activist with the minority Yazidi community, whose women and children are being held as sex slaves by the extremists.

While the Daesh group is losing territory in its self-styled caliphate, it is tightening its grip on the estimated 3,000 women and girls held as sex slaves. In a fusion of ancient barbaric practices and modern technology, Daesh sells the women like chattel on smart phone apps and shares databases that contain their photographs and the names of their "owners" to prevent their escape through Daesh checkpoints. The fighters are assas-

IN BRIEF

Oscar Pistorius, the

Olympian described

by a judge as a "fallen

hero," was sentenced on

Wednesday to six years in

a South African prison for

Reeva Steenkamp, a ruling

the murder of girlfriend

viewed by some as too

lenient. The jail term fell

far short of the normally

mandated 15 years for

murder under South

THE ASSOCIATED PRESS.

African law.

double-amputee

Just six years for Pistorius



Lamiya Aji Bashar, a Yazidi girl who escaped her Daesh group enslavers. THE ASSOCIATED PRESS

sinating smugglers who rescue the captives, just as funds to buy the women out of slavery dry up.

The thousands of Yazidi women and children were taken prisoner in August 2014, when Daesh overran their villages in northern Iraq with the aim to eliminate the Kurdish-speaking minority because of its ancient faith. Since then, Arab and Kurdish smugglers managed to free an average of 134 people a month. But by May, a Daesh crackdown reduced those numbers to just 39 in the last six weeks, according to figures provided by the Kurdistan regional government.

Mirza Danai, founder of the German-Iraqi aid organization Luftbrucke Irak, said in the last two or three months, escape has become more difficult.

"They register every slave, every person under their owner, and therefore if she escapes, every Daesh control or checkpoint, or security force — they know that this girl ... has escaped from this owner," he said.

U.S. State Department spokesman John Kirby said that the

Even if I had lost both eyes, it would have been worth it.

Lamiya Aji Bashar

U.S. continues "to be appalled by credible reports that Daesh is trafficking in human beings, and sex slavery in particular."

Lamiya Aji Bashar tried to flee four times before finally escaping in March, racing to government-controlled territory with Daesh in pursuit. A land mine exploded, killing her companions, eight-year-old Almas and Katherine, 20.

The explosion left Lamiya blind in her right eye, her face scarred by melted skin. Saved by the man who smuggled her out, she counts herself lucky.

"I managed in the end, thanks to God, I managed to get away from those infidels," the 18-yearold said from a bed at her uncle's home in the northern Iraqi town of Baadre. "Even if I had lost both eyes, it would have been worth it, because I have survived them." THE ASSOCIATED PRESS

Police targeted in riots

Kenyans burned a police camp Wednesday as thousands across the country protested against extra-judicial killings linked to police, days after the bodies of a human rights lawyer, his client and another man were pulled from a river and several officers were detained.

Anger over the killings has simmered in this East African country where human rights groups say police-linked killings are pervasive.

As details of the torture of the three men emerged, hundreds of lawyers from the Law Society of Kenya marched to police headquarters in the capital, Nairobi, to demand action. Lawyers across Kenya are on a week-long work slowdown in protest.

Human rights lawyer Willie Kimani, his client Josephat Mwenda and taxi driver Joseph Muiruri went missing on June 23. Their bodies were pulled from a river on Friday.

Mwenda's testicles had been crushed, pathologist Dr. Andrew Gachii said in a postmortem report presented to the court, and his skull was fractured. The bodies of the others also bore wounds from a blunt object.

THE ASSOCIATED PRESS



Kenyans protest police brutality. AFP/GETTY IMAGES

Army stays coy on Manning hospital visit



THE ASSOCIATED PRESS

The soldier imprisoned for sending classified information to the anti-secrecy website WikiLeaks was briefly hospitalized this week, the U.S. Army confirmed Wednesday without providing

Chelsea Manning was taken to a hospital near Fort Leavenworth early Tuesday and returned to the Kansas military base's prison later in the day. Army spokesman Wayne Hall said. He said the 28-year-old transgender soldier, who is appealing her 2013 conviction and 35-year prison sentence, was

being monitored.

Hall and other Pentagon officials declined to say why the Army private was hospitalized. Fort Leavenworth spokeswoman Denise Haeussler said federal privacy laws precluded her from commenting without Manning's

Leaks to media outlets about the hospitalization angered Manning's appellate attorneys, who said they weren't apprised of the hospitalization. Manning's sister, Casey Major, said she also was unaware of the matter.

"We call on the Army to im-

mediately connect Chelsea Manning to her lawyers and friends who care deeply about her wellbeing and are profoundly distressed by the complete lack of official communication about Chelsea's current situation," Nancy Hollander, Manning's lead appellate attorney, said.

Manning, arrested as Bradley Manning, was convicted of six Espionage Act violations and 14 other offences for leaking more than 700,000 secret military and State Department documents, plus some battlefield video. THE ASSOCIATED PRESS



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Feds probe another police shooting

LOUISIANA

Another black man shot, another investigation

The U.S. Justice Department opened a civil rights investigation Wednesday into the videorecorded police killing of a black man who authorities say had a gun as he wrestled with two white officers on the pavement in Baton Rouge, Louisiana.

Alton Sterling, 37, was confronted by police and shot on Tuesday after an anonymous caller said he had threatened someone with a gun outside the store, where he was selling homemade CDs, authorities said.

In a cellphone video taken by a community activist and posted online, the two officers pinned Sterling to the ground, someone yelled, "He's got a gun! Gun!" and gunfire erupted moments later.

At a news conference Wednesday, Baton Rouge Police Chief



In this video, Alton Sterling is held by two Baton Rouge police officers, one holding a hand gun. HANDOUT/THE ASSOCIATED PRESS

Carl Dabadie Jr. said that Sterling was armed but that there are still questions about what happened.

"Like you, there is a lot that we do not understand ... I am demanding answers," Dabadie said.

The officers, identified by the chief as Blane Salamoni, a fouryear member of the department, and Howie Lake II, who has been on the force for three years, were placed on administrative leave, standard department procedure.

Authorities would not say whether one or both fired their weapons or how many times.

Gov. John Bel Edwards and the U.S. Justice Department announced the investigation by the department's civil rights division.

"I have very serious concerns. The video is disturbing, to say the least," Edwards said.

The shooting stirred anger in Baton Rouge, with hundreds protesting Tuesday night and demonstrations continuing Wednesday. Community leaders and Sterling's family demanded a federal investigation.

"Mr. Sterling was not reaching for a weapon. He looks like a man that was actually fighting for his life," said state Rep. Edmond Jordan, an attorney for Sterling's family. THE ASSOCIATED PRESS



DYNAMIC DUO CLINTON, OBAMA CAMPAIGN TOGETHER Democratic presidential candidate Hillary Clinton walks off of Air Force One with U.S. president Barack Obama on Tuesday in Charlotte, North Carolina, where they made their first joint campaign appearance. The Clinton campaign hopes Obama can reassure voters about her experience, talent and character — and speak to their questions about her honesty and trustworthiness, some of which stem from the FBI's email investigation. GETTY IMAGES

COMIC BOOKS

Meet Riri Williams, the new Iron-Not-A-Man



Colin McNeil Metro Toronto

A female Thor, a black Captain America, a Latino Spider-Man and now, Iron (formally) Man.

Marvel Comics' push for a superhero roster that better represents their readers continues with the upcoming launch of Riri Williams — the new face of Iron Man (she's still working on the name).

Williams, a 15-year-old MIT student, suits up in Invincible Iron Man #1, apparently with Tony Stark's blessing. The girl genius catches the attention of the smart-mouthed billionaire after she reverse-engineers an Iron Man suit and builds her own version.

So what happened to Tony?
"We're in the middle of a very
big Tony Stark storyline — actually three storylines converging," said Invincible Iron Man
author Brian Michael Bendis, in
an interview with TIME.

"His best friend died, his company is collapsing and he's finding out who his biological parents were," he said. "But it does create a path for Riri Williams, who Tony will know and will be interacting with in the comics."

Marvel Comics'
push for a
superhero
roster that
better
represents
their readers
continues with
the upcoming
launch of Riri
Williams - the
new face of Iron
Man. CONTRIBUTED



Iraq war 'wholly inadequate' Prime Minister Tony Blair led Britain into an unsuccessful war in Iraq through a mix of flawed intelligence, "wholly inadequate" planning and an exaggerated sense of the U.K.'s ability to influence the U.S., according to a damning official report on the conflict that was published Wednesday. The inquiry fell short of delivering what many bereaved families sought a declaration that the 2003 war was illegal. But its words give the most comprehensive verdict to date on the mistakes of a CONFLICT. THE ASSOCIATED PRESS

Ceasefire in Syria

The Syrian military declared a three-day cease-fire for the entire country on Wednesday, coinciding with the start of the Muslim Eid al-Fitr holiday marking the end of the holy month of Ramadan, state media reported.

The military's nationwide truce is set to expire at midnight Friday, according to a state TV report. The truce is not expected to affect the fight against Daesh, which is battling government troops, rebels and other forces.

THE ASSOCIATED PRESS



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Talks stall over pensions

LABOUR DISPUTE

Canada Post union refuses to accept two-tier model

Canada Post is threatening to lock out unionized workers on Friday, as contract talks stall over changes to pensions — a benefit that the union says it will fight to defend.

"We could not be farther apart," said Canada Post spokesman Jon Hamilton, noting the two sides have not met face-to-face since Canada Day, when the union put forward its latest offer.

Union president Mike Palacek calls that "patently untrue," saying the two sides met on Monday, and both sides are working with mediators trying to reach a deal.

"Canada Post has not moved on any of the issues," said Palacek, national president of the Canadian Union of Postal Workers, which represents 50,000 members in both urban and rural units. "But we haven't been told formally we will be locked out."

The union believes the company will reduce employee hours, lay people off, cancel vacations and suspend a monthly transfer of \$3.5 million in union dues.

"We can see where they are going. They are going to attempt to provoke us," Palacek said. "We are telling our members not to take the bait, to stand strong. Our goal is to continue service to the public."



Mail could stop being delivered from Friday with Canada Post threatening to lock out workers as the two sides remain far apart on issue of pensions. THE CANADIAN PRESS

3

It is fundamentally unjust to have people work side by side, getting wildly different compensation.

Union president Mike Palacek

He added that the union would pay out \$200 a week in lockout pay to members from its strike fund. Its fund is in the "tens of millions," and other unions have offered to help out if needed, Palacek added.

Canada Post says it needs to take action, given its biggest e-commerce customers have moved their business to rivals, and parcel and mail volumes have plunged amid the uncertainty.

"In a competitive marketplace, the threat of a strike is just as damaging if not more damaging than an actual strike," Hamilton said.

The company is promising to cover pay and prescription drugs — but other items including vacation, personal days and short-term disability coverage will be suspended. At the heart of the battle is the company's proposal to put future employees on a defined contribution pension plan, instead of the existing defined benefit pension plan, which is indexed for inflation. Two other unions and management have switched for new hires.

"It is fundamentally unjust to have people work side by side, getting wildly different compensation," said Palacek.

Under a defined benefit pension, employers and employees contribute to a plan, and the worker is guaranteed a fixed payout at retirement, regardless of how pension investments performed or where ◆ WHAT THEY SAY

Canada Post is in the public sector, and as a crown corporation it has pushed to turn profits, though the union argues it is not required to do so.

- The post office says the corporation is facing huge challenges with its pension plan with a \$6.2 billion solvency deficit.
- The union challenges that figure saying it is merely a number on paper if the pension is to be terminated, which is not happening.
- The union notes the pension plan delivered a 7.3 per cent return in 2015, with a \$1.2 billion surplus last year.

interest rates stand.

In good times, companies can enjoy surpluses and contribution holidays. In bad times, companies are required to make up the shortfall.

With extremely low interest rates, companies have faced huge shortfalls — with many complaining that they are spending too much to prop up their pension plans.

As a result, companies have been moving toward defined contribution plans — where new hires have investment accounts, but the payout at retirement depends on how those investments fare.

TORSTAR NEWS SERVICE

BANKING

Fintechs lending a hand



Wanyee Li Metro | Vancouver

A Vancouver entrepreneur is helping other newcomers to Canada by starting a financial technology company that help immigrants land on their feet when they arrive — immigrants like Fares Toumi from Jordan, who moved to Vancouver one year ago and decided to work for himself rather than find a salaried job.

He said banks would not lend him the money because he had no credit history and few assets in Canada.

Cindy Chen, CEO of Amber Financial Services, calls fintech the 'Uber' of the banking industry. Amber Financial uses methods like considering old bank statements from the country an immigrant came from to assess whether they qualify for a loan.



IN BRIEF

Holland retiring as Torstar president and CEO

The roles of president and CEO of Torstar Corp. and publisher of the Toronto Star will be amalgamated into one position, the company said Wednesday as it announced David Holland would retire this fall after 30 years with the company, including seven as president and CEO of Torstar. THE CANADIAN PRESS





MELIEWS

Your essential daily news

Thursday, July 7, 2016

ROSEMARY WESTWOOD ON THE SEX HARASSMENT CLAIMS AGAINST FOX'S CHAIRMAN

While it's everyone's "issue," sexual harassment and assault are often only women's problems. This is why Gretchen Carlson's lawsuit is so powerful, and career-risking.

If journalists took the whole "people in glass houses" motto seriously, newspapers, websites, video reels and radio stations would be blank, empty, silent spaces.

Papers that rail against unfair working conditions deny their own employees overtime pay.

Outlets that decry white male workplaces are some of the white-est, male-est offices around.

This industry, which gets paid to call bulls—t on everything and everyone it sees, is full of it.

And of course it is. No job exists outside our culture. And our culture is full of it, too.

So no woman in media (or elsewhere) was likely surprised when Gretchen Carlson, a former anchor for Fox News in the U.S., revealed a series of cases of careerrelated sexual harassment in a Huffington Post op-ed yesterday.

But the article was a mere side-note to the real breaking news, which shocked the U.S. media world: a sexual harassment lawsuit filed by Carlson against the media mogul and Fox chairman Roger Ailes.

Of course, that a wealthy, powerful media baron would sexually harass his employees is in no way surprising. But it's almost incredible that Carlson has outed him (allegedly) in such a public way. So often sexual assault

So often sexual assault cases in workplaces are handled quietly, if at all, especially when the accused is in charge.



Former Fox News host Gretchen Carlson has filed a lawsuit against the CEO and chairman of Fox News, Roger Ailes, for sexual harassment and retaliation. GETTY IMAGES

cases in workplaces are handled quietly, if at all, especially when the accused is in charge. And Ailes' power probably can't be understated, though the New York Times described him this way: "a towering figure in television and Republican politics who has overseen virtually every aspect of Fox News Channel over the cable network's hugely successful two-decade run."

The quotes attributed to Ailes in the lawsuit are comically direct: "I think you

and I should have had a sexual relationship a long time ago and then you'd be good and better and I'd be good and better," Carlson alleges Ailes told her.

Ailes told her.

It's an amazingly succinct and stunningly blatant summation of what's long been a more insinuated scenario for women in the media, or anywhere, really. When Carlson didn't engage in such a relationship, she alleges, she was downgraded, and then let go. Just like she'd been warned.

In her Huffington Post piece, Carlson urged readers to think of sexual harassment/assault as more than a "woman's issue." Since men are more commonly sexual aggressors, this is factually true. But while it's everyone's "issue," sexual harassment and assault are often only women's problems. This is why Carlson's lawsuit is so powerful, and career-risking. It's why she deserves kudos, and why workplaces won't change without women who are willing to fight.

Forget the bigots — there's good reason to oppose trade deals



Linda McQuaig Torstar News Service

The decision of British voters to leave Europe has been treated as evidence that they're intolerant xenophobes keen to seal themselves off from the world. That Donald Trump is on their side only helps make the case that they represent a boorish throwback, a desire to make the English-speaking world great again by turning it into a giant gated community surrounded by sky-high walls.

Having such a collection of bigots and boors opposing "globalization" may turn out to be a boon for those promoting globalization — that is, the laws that govern the global economy.

This is unfortunate, since these laws — and the international trade deals that enforce them — have delivered benefits almost exclusively to those at the top in recent years, and should be thoroughly overhauled.

But with Neanderthal wall-builders lurking in the background, it may be easier for the Trudeau government to convince Canadians to accept these badly flawed and increasingly unpopular trade deals as part of living in an open, modern world.

U.S. President Barack
Obama helped make this case
in his address to Parliament
last week, urging us to resist
"sealing ourselves off from
the world," as he derided opposition to foreigners and opposition to international trade
deals with the same broad
brush.

There's a litany of reasons why any sensible person would resist these trade deals.



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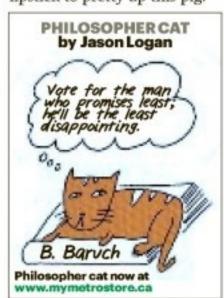
phone 403-444-0136 FREE TO SHARE But the most outrageous aspect of them has always been the special set of legal rights they bestow on foreign corporations and investors. These rights enable wealthy foreigners to sue governments over policies the foreigners don't like, and to have their lawsuits decided by closed tribunals.

The Trans-Pacific Partnership (TPP), rather than removing this indefensible, antidemocratic set of rights for wealthy foreigners, actually extends them.

Indeed, the TPP could open a floodgate of new claims by wealthy foreigners, according to a powerful report by Osgoode Hall law professor Gus Van Harten. The report documents how corporations and wealthy investors have taken advantage of the bizarrely generous legal rights available to them under NAFTA, suing Canada 39 times and winning more than \$190 million in compensation from Canadian taxpayers. There is no cap on how high the compensation can be, and the vast majority of it goes to the ultra-rich.

Let's not forget what it is these foreign interests are objecting to: laws passed by democratically elected governments to protect the public. For instance, Lone Pine Resources challenged fracking regulations in Canada; just last month, TransCanada sued the United States for \$15 billion to compensate for Obama's decision not to approve the Keystone pipeline.

The Trudeau government will no doubt fill us with dark Brexit and Trumpian images to warm us up to the TPP. But not even revulsion for Donald Trump will provide enough lipstick to pretty up this pig.



"I saw my size as being an advantage, whereas so many women see it as a disadvantage"

Rebel Wilson tells Britain's Telegraph newspaper her weight has helped her career

Your essential daily news Thursday, July 7, 2016

'IT ONLY TAKES A SECOND' HOME HAZARDS

Spooked by the recall of millions of IKEA dressers that pose a tip-over hazard if they're not properly anchored, parents everywhere are taking a second look at their child-proofing chops. "People always say, 'I only turned my back for a second," says Tracey Warren, director of Child Safe Canada. Her solution: Put more than a few seconds' worth of obstacles between your little ones and danger. Here are five often-overlooked hazards you can find and minimize. GENNA BUCK/METRO CANADA

DOORS & WINDOWS

Opening the doors and windows to catch a breeze might keep you cool, but it's a hidden-in-plain-sight hazard to small children apt to wander out, Warren said. So keep the door closed and put an obstacle in front of it that will slow kids down - even something as simple as boots. Make sure your windows are secure too (but not permanently nailed shut: fire hazard), and don't place furniture under them that kids can scramble up on.



WATER

Kids under five have a natural, unquashable desire to explore and climb on everything. It's not just pools and hot tubs: Toddlers have been known to topple into puddles, toilets, cleaning buckets and kitchen sinks full of dishwater, Warren said - so never leave standing water unattended.



FITNESS EQUIPMENT

Kids can fly off a treadmill or get entangled in an elliptical. Don't leave the key in the lock, and if there's no way to secure the machine to prevent little fingers from mashing the "start" button, consider making the room it's in off-limits. Better yet, do both. That's what Warren calls "layers of safety."



DRIVEWAY

Remind kids often that the driveway is a "drive zone," never a "play zone." Backing over children is tragically common. Warren said it has happened three times so far this season in Calgary, where she's based. It's best to back in and pull out. And exit the driveway with the windows down, so you can hear if someone's trying to alert you that you're about to make a fatal mistake.





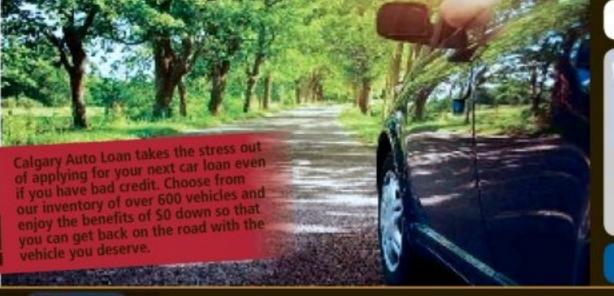


DRUGS & COSMETICS

Warren suggests getting down to toddler-eye level and looking at your home the way your child sees it. What's in their reach? Kids are attracted to makeup's bright colours and easy-to-open packages, and they shouldn't be eating it. Grandma visiting? Purses or suitcases carelessly tossed on the floor or bed could have medication inside. Again with the safety layers: Keep poisons, like cleaning products and drugs, in a locked cupboard that's also up high.











Three Simple Processes





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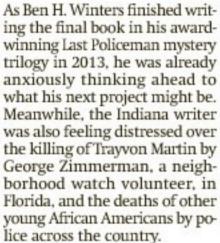


Winters takes off in turbulent times

INTERVIEW

Author's new novel wrestles with America's race problem

Sue Carter For Metro Canada



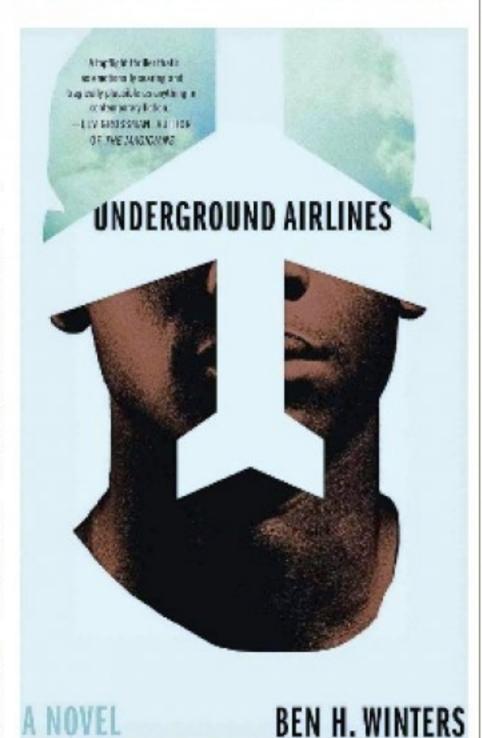
"It had become such a prevalent part of the national consciousness," says Winters. "As an American citizen, it was impossible not to be thinking about it all the time and wondering how this could possibly be happening."

Winters knew he wanted to use a hybrid of mystery and science-fiction genres to examine institutional racism in the U.S., and so his new novel was born, Underground Airlines, where he imagines a dystopian world in which the American Civil War has never happened and slavery still exists in Hard Four states.

The story follows Victor, an escaped slave turned bounty hunter looking for a runaway named Jackdaw, which leads to him becoming embroiled in a much larger conspiracy.

"It continues to strike me that in America there is this very specific backstory that is connected to race-based slavery," says Winters. "People like to think it happened long ago, like some kind of ancient phenomenon we put behind us, but in fact there are a million ways that the legacy of slavery forms contemporary racism."

In Underground Airlines, there are still Starbucks and CNN. Michael Jackson and Muhammad Ali remain stars (with revised biographies), and corporate greed and capitalism still reigns. But in Winters' alternate history, James Brown is an escaped slave living in Canada, and Henry Kissinger is quoted as denouncing the United Nations. As a self-declared "history and legal-scholar nerd," Winters spent a lot of time both researching and speculating how his premise would have played out internationally, and changed the



Ben H. Winters' new novel is a hybrid of genres.

U.S.'s role on the world stage.

He admits wrestling with the appropriateness of a white male author writing a race-relations story with an African American protagonist, but came to the conclusion that it's important for artists like himself to draw attention to anti-black racism

"I'm very aware that there will be some questions about my moing to write about this specific man, and his specific struggle, his specific back story.

"To think that black and white people are so different that the bridge of empathy that fiction is can't cross it is just dangerous thinking."

Underground Airlines concludes with a blockbuster surprise, but is also with cautious optimism. "I'm not giving up





To think that black and white people are so different that the bridge of empathy that fiction is can't cross it is just dangerous thinking.

Author Ben H. Winters

tives and the appropriateness of the material, and the only way I can answer that is if when people read the book, they realize it's not exploitative," Winters says. "There is a long and complicated history of white artists appropriating black voices. The only answer to that was to be honest and to think about how I'm goon my country. America has so many great things about it, and we've come so far, but continuing to move forward requires us to better understand our history than we think we do," says Winters.

Sue Carter is the editor at Quill & Quire magazine.

10,000-Year-Old Spider Eggs Hatch

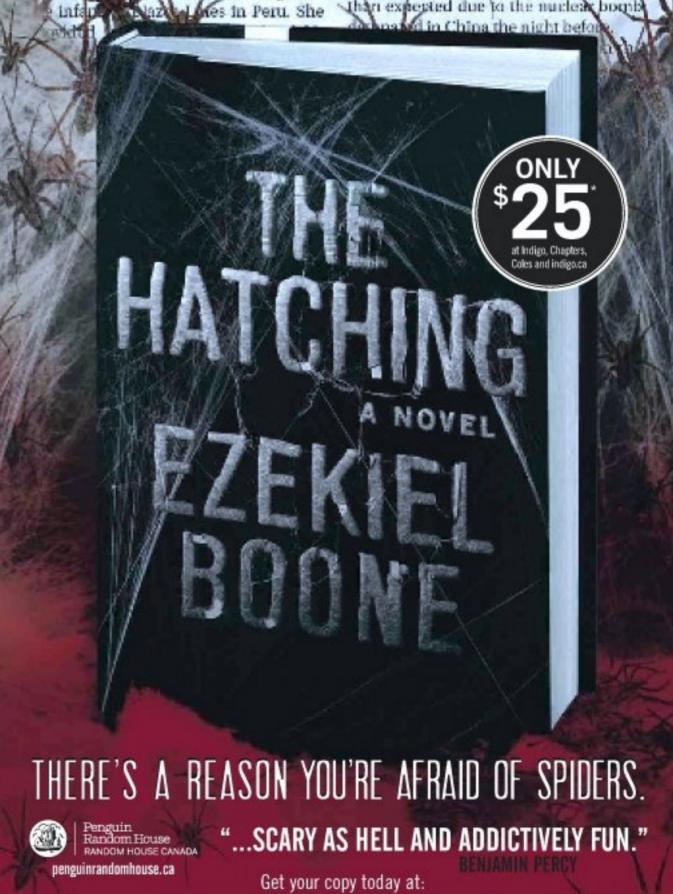
WASHINGTON, DC

Ancient spider eggs found in Peru hatch in university lab

Students in American University's graduate lab received a strange gift on Wednesday-a 10,000-year-old box from Peru containing what appeared to be calcified spider eggs. They were shocked when the eggs also 10,000 years oldbegan to hatch.

falle Yoo, a graduate student at the lab supervised by Yale alum Professor Melabic Gover, received a call from an unganical storaction Thursday, claimthe box at a dig near Nazwal Mes in Peru. She

married House Chief of Staff disclined to comment Manny that she was eager to shell once the hatching was complete out an additional source from the lab who whed to remain anonymous described the spider egg sac, which has been recorded on HD video. since the first indications of hatching, as both 'vibrating' and 'humming' as well as describing the size as far larger than average spider egg sacs. 'It was bigger than a softball, our source said. 'Possibly the size of a small melon. It was hard, possibly calcilled, and had an unusual chalky feeling. Was not to the touch." The attention past to what should be a sejentific impossibility has been far lesk Than expected due to the nuclear bomb



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24 Thursday, July 7, 2016 Culture Metr@LIFE

Her music saved my life: DMC

MEMOIR

Early rapper credits Sarah McLachlin for his survival

Twelve years after kicking addiction issues fuelled by deep depression, Darryl McDaniels of pioneering rap group Run-DMC says he's feeling "really incredible." And he credits Canadian singer-songwriter Sarah McLachlan's music with saving his life.

On Tuesday, McDaniels released his new memoir, Ten Ways Not to Commit Suicide. He's also working on a fulllength heavy-metal album as well as a collaboration album with acts including Canada's Sum 41.

Like his book, the heavymetal album due out in September "is a no-holds-barred" account about the emotions of alcoholism and depression, he said in a recent phone interview.

"Suicidal folk, depressed people, they think they're alone, but they don't realize there's a million other people just like us," said the Queens, N.Y., native, known as the Devastating Mic Controller (DMC).

"If I can put out the message that I'm DMC, the mightiest thing to ever happen to music—I am the king of rock, there is none higher, sucka MCs will call me sire to burn my kingdom, you must use fire, I won't stop rockin' till I retire— and I'm no different than you," he continued, citing the lyrics to the group's hit King of Rock.

As McDaniels writes in his tell-all memoir, he used alcohol as a confidence booster onstage and off in the '80s and '90s, as Run-DMC climbed the charts with the songs It's Like That, Sucker M.C.'s and Rock Box. "It was hearing her song on the radio, that hit something and said, 'D, life could really eff up, but if this song exists in this form, it's good to be alive," he said.

"So I just listened to that song every day for, like, a whole year"

McDaniels, 52, met McLachlan in person at a Clive Davis Grammy party later that year. He told her: "You're a god to me. Your music keeps me alive every day."

"She was, like, 'Wow, thank you for telling me that because that's what music is supposed to do,'" he recalled. "So her song saved my life."

McDaniels' book also touches on issues he faced with Run-

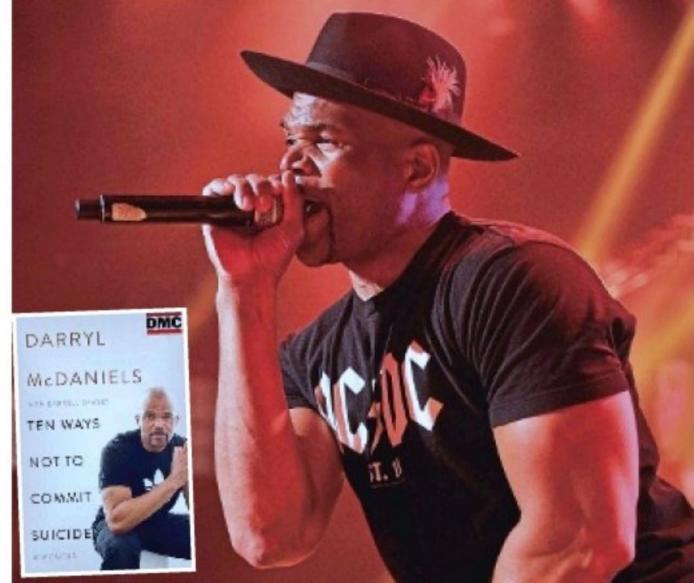
You're a god to me. Your music keeps me alive every day. Darryl "DMC" McDaniels to Sarah McLachlin

He also suffered from depression and was at his suicidal worst in 1997, when he wanted to kill himself every day while on tour in Japan.

McLachlan's hit Angel was the only thing that "buoyed" him during that time. DMC member Joseph Simmons, a.k.a. Rev. Run, and producer Russell Simmons.

He said he hasn't been close to them since the group's DJ, Jam Master Jay, was shot dead in 2002.

THE CANADIAN PRESS



Darryl "DMC" McDaniels's memoir about his alcoholism and depression was released this week.

STEVE JENNINGS/GETTY IMAGES FOR DIRECTY

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PARIS

Ellie Saab goes classic

Paris couture week reached a creative climax Wednesday. Old-school Hollywood glamour was back in vogue at Elie Saab's fall collection.

It injected the fashion calendar with the most archetypally couture show seen all season.

Saab, like other couture masters, plays with his own rulebook and need not pay heed to the wearable trends of the season.

Split leg, floor-length sensuality was the order of the day.

A velvet royal blue evening gown was given a twist, with asymmetrical featherlike detailing at the shoulder and waist.

It complemented a brooding palette of dark and often sheer materials with the signature Saab cinched-waisted hourglass vava-voom silhouettes.

One highlight was a mother and daughter couture ensemble in grey, modelled simultaneously.

Flashes of Art Nouveau patterning were the season's added ingredient, evoking the graphic sensuality of Gustav Klimt.

THE ASSOCIATED PRESS



One highlight of the Elie Saab Haute Couture Fall/Winter 2016-2017 show at Paris Fashion Week was this mother-daughter couture ensemble. PASCALLE SEGRETAIN/GETTY IMAGES

Thursday, July 7, 2016 **25** metr@LIFE Television

NETFLIX

Actress Samira Wiley dishes on her role in Season 4

Richard Crouse



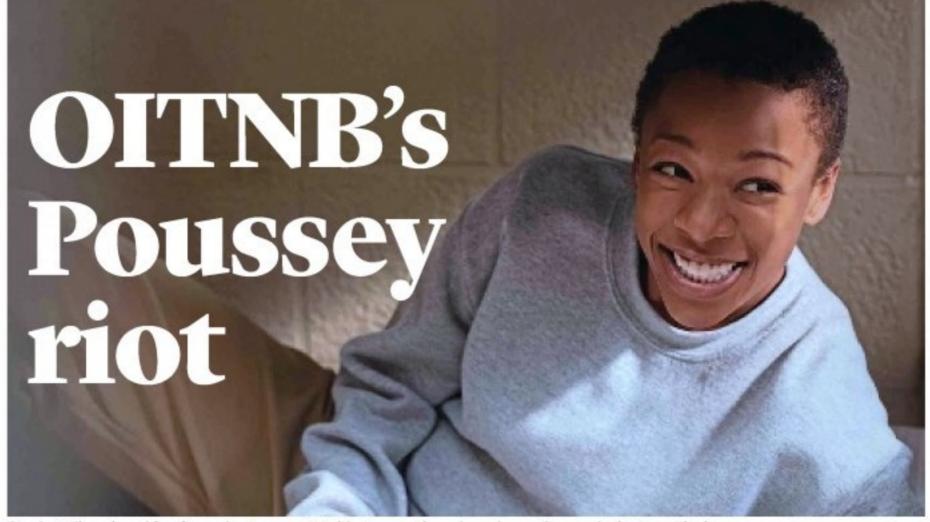
SPOILER ALERT: This article contains Orange is the New Black Season 4 spoilers!

Samira Wiley, who played fanfavourite Poussey Washington on the prison drama Orange is the New Black, wants you to know one thing, "Samira is alive!"

Since her character's shocking death near the end of the fourth season, fans have been leaving strange messages on social media for her.

"I get a lot of comments on social media when I tweet something or I post a picture," she says. "People are like, 'I'm really happy you're posting so I know you're alive.' Yes, I am. I haven't gone anywhere."

The Juilliard-trained actress appeared in 50 episodes of the acclaimed Netflix series, bringing Poussey to vivid life. Dealing marijuana earned the character a stretch at Litchfield Peniten-



Samira Wiley played fan-favourite Poussey Washington on the prison drama Orange is the New Black. PHOTOS COURTESY NETFLIX

tiary — "We all in here because we took a wrong turn going to church," Poussey joked where she was an outspoken and caring woman who stood by her convictions.

"Poussey is really like an ideal person," says Wiley. "I've said this before, she is such a

great friend and a great person sometimes when I don't know what to do or want to be better in a certain situation I think. 'What would Poussey do?' She had a great heart. A great moral centre and a great smile. She is someone that you look up to.

"I feel so, so honoured and

privileged to give her life and to give people the strong feelings they have about her."

Based on Piper Kerman's memoir about her experiences in a women's prison, the series has been a commercial hit and critical success for its candid depictions of race, sexuality and gender.

"I think the show in general has ushered in a new era of television," says the actress, who will next be seen on the comedy series You're the Worst.

"Orange is the New Black shows you different kinds of women, different shapes of

women, different backgrounds of people. The barriers are less and in some ways invisible because that is you, or your mom or your sister. I feel really proud to be part of the television show that started that.

"With Season 4, I think we really amped it up a notch in terms of reflecting not only the people we see everyday but the issues we deal with everyday, specifically Black Lives Matter. We're showing some responsibility as artists, as creators of this television show, because we need to reflect what is going on in our time. That is our responsibility."

As Wiley's former cast mates gear up to begin shooting season five of OITNB, she says she's not up to date on the storyline.

"I think it might be too difficult for me to binge," she says. "I don't anticipate it. After most seasons, especially the third season I definitely binge-watched immediately. I thought I would be able to do that this time but I have only watched about half this season."

She stopped before Poussey is accidentally suffocated during a demonstration in the prison cafeteria.

"I haven't watched it yet. In a way I feel like actually watching it will be me really saying goodbye and I am not ready for that yet. I can't do that yet."

JOHANNA SCHNELLER WHAT I'M WATCHING

Beloved character's twist a plea for prison reform

THE SHOW: Orange is the New Black, S4, E12 (Netflix) THE MOMENT: The Time Machine

Prison inmates Poussey (Samira Wiley) and Brook (Kimiko Glenn) dance without music inside a makeshift cardboard time ma-

chine. Their prison is in chaos, overcrowded and under new, nastier management.

"This feels like the most normal thing I've done in a while," Poussey says.

"It feels like we're in a horror movie," Brook says.

"The kind you used to watch

(403) 460-9899

on sleepovers," Poussey adds, "where you have to run to your mom at the end, to hug you, tell you it was all made up.

"My mom wasn't a big hugger," Brook says.

"My mom was," Poussey says. (Alert: Major spoiler ahead.)

Every now and then, the

theme and purpose of a series comes together in a plot point, and this is one of those times. OITNB is a long, heartfelt plea for prison reform, and this -Poussey's last happy moment before dying in a chokehold - is an example of what showrunner Jenji Kohan is all about.

This sweet girl, arrested for possession of half an ounce of marijuana, should not be in prison. There should be a better solution for her. But as Kohan seeds throughout this season, the system is designed only one way, to grind people down. It's gutsy of Kohan to sacrifice a great char-

acter to make her greater point.

So in the next episode, when prison manager Caputo (Nick Sandow) defends the guard who killed Poussey, it's heinous, but also understandable. One promising life was wasted. He doesn't want to waste another. It's all so hugely sad.

FOR MORE INFORMATION



FOR MORE INFORMATION

Your essential daily news

The "she shed" — a lighter, brighter version of a man cave — is becoming more popular

MEET THE CONDO

Human-scale living at Duke



CONTRIBUTED

Project overview

With construction crews breaking ground last month, it won't be long until residents can start calling these stylish condo apartments home. Buyers can choose from a selection of highend finishes such as quartz countertops and handcraft their home by choosing a signature paint colour for the front door.

Housing amenities

The one-of-a-kind entrance courtyard accentuates this project while each home comes with a titled underground parking stall and storage. The building also has a communal bike rack out front and ample beautiful green space for residents to enjoy.

Location and transit

Located at the heart of Mission's Cathedral district, The Duke is the local hub for urban living, with easy access to 17th Avenue restaurants and shopping, and the Elbow River park and pathway system is just a short jog away. There are a number of bus routes in the area and access to two nearby LRT stations.

In the neighbourhood

The popular Talisman Centre is just around the corner, and the Saddledome is within walking distance so you never have to pay for parking again. Many parks, pathways and the Elbow River also outline this beautiful project while coffee shops, restaurants and shops keep residents entertained.

🚹 NEED TO KNOW

What: Duke at Mission Builder: Avi Urban Architect: Avi Urban Designer: AV Architecture Location: 110 18th Ave. S.W. Building: Four-storey woodframe building with 47 units Sizes: 549 to 1,563 sq. ft. Pricing: \$275K and up Model: One-bedroom apartment-style condos to three

bedroom townhomes Status: Under construction Sales centre:

202 -17th Avenue S.W., Monday-Wednesday 2 to 8 p.m.; Thursday-Friday by appointment only; weekends and holidays, 12 to 5 p.m. Info: duke@homesbyavi. com: 403-536-7294; aviurban.com/duke



What's hot on the market



The Royal by Embassy The Royal is set to transform the energetic core with 90,000 square feet of commercial space attached to what will be a 223-unit tower - the tallest in Mount Royal. Check out the Royal Presentation Centre located at 16th Avenue and 9th Street S.W.



NOW SELLING

Killarney Towne by Street-Side Developments Luxury infill townhomes conveniently located in the inner city but without the hustle and bustle that downtown living often embodies, making it the perfect location for townhome-style living. The Sale Centre is located at 2432 30th St. SW.



PRE-SELLING

The Orchard by Lamb Developments Corp.: Imagine living in an orchard in the middle of a city. Located in the redeveloping community of Victoria Park, The Orchard will feature 66 apple trees that add beautiful colour and green space to the area. The Sales Centre is now open at 602 - 608 12th Ave. S.E.



An affordable way to escape to the country

If you're looking for an affordable escape from the city this weekend, Spruce Meadows offers an international sport and country experience that's friendly for the whole family.

The Spruce Meadows 'North American' CSI 5* presented by Rolex features some of the greatest show jumping riders and horses in North America in one of their last big competitions on the road towards Rio next month. "We have some of the best in the world here right now," says Ian Allison, senior vice-president at Spruce Meadows.

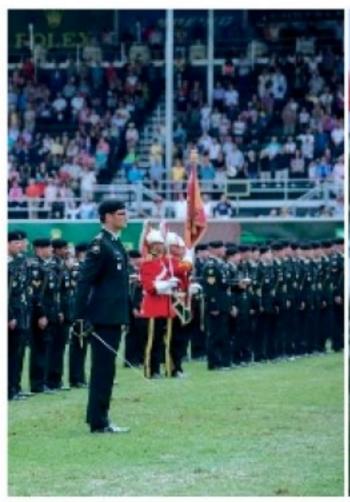
Not only will you see the likes of Eric Lamaze, the only equestrian to ever win an individual Olympic gold medal for Canada, you'll also have an incredible array of entertainment, shopping and dining options on the grounds.

One of the highlights of the weekend is the Feu de Joie (French for Fire of Joy), a running fire of guns where rifles are shot in succession of each other along a line and then back. The Lord Strathcona's Horse (Royal Canadians) 100 man guard is slated to perform the ceremony on Saturday and Sunday of the tournament.

"The Canadian Forces have always had a presence at Spruce Meadows, but beginning in 1990 when Her Majesty Queen Elizabeth visited Spruce Meadows on her royal visit, we've had this tradition at Spruce Meadows in July," says Allison of the Feu de Joie.

While some family members may come for the horses, others will delight in the military displays on the grounds. Members of the armed forces will be on hand to meet the public and children can explore tanks and other equipment.

Of course, the highlight around Spruce Meadows is still the horses, and Allison says the must-see, fan favourite event of the weekend is the Enbridge Classic Derby which runs in the International Ring at 11 a.m. on Sunday. "The fans really love to watch the horses jump the derby course here. It's the decathlon of international show jumping," says Allison.





CONTRIBUTED

No car required. Free shuttle service

You don't even need a car to escape the city — Spruce Meadows has a free shuttle — the Read Arrow bus — that picks up passengers from the north-east corner of the Somerset/ Bridlewood LRT Station parking lot. The service runs every 30 minutes. And, as always, admission is \$5 for adults, while seniors (65+) and children (12 & under) are free.



PERSEVERANCE MOTIVATION HEART

Join us and celebrate top athletes from around the world as they set their course on the **Road to Rio**. Discover local artisans and vendors offering an exceptional shopping experience and the unspoiled beauty of a place you can simply call your own. Spruce Meadows, what will you discover?



'North American' JULY 6-10, 2016





Get ready for summer road trips

Proper car maintenance is key to long drives this season

Nothing wrecks a road trip like your vehicle breaking down and stranding you at the side of the highway. This summer, make sure you can travel far and wide — and safely — by following a few rules to prevent vehicle mishaps.

"Most major repair bills could have been avoided with a little preventative maintenance and regular check-ups," says Matt Honeywell, a Canadian Tire auto service manager who has seen more than 150,000 repairs over the years.

> Here are his tips to help keep road trips running smoothly this sum-

1. Regularly check your tires

for tread depth, uneven wear and tire pressure. Be sure to check the inside panel of the driver's door to get the right tire pressure. Do not go by what it says on the actual tire.

2. Every month, check your vehicle's fluids including coolant, brake fluid, transmission, power steering and engine oil. The warmer temperatures put a huge demand on these fluids so make sure they're fresh and flowing freely to keep your vehicle cool on long trips or while towing an RV or boat.

Have your safety systems — brakes, steering components, suspension and all lighting — inspected by a professional.

Canadian Tire offers a Road Ready Package to handle all these tasks in one stop. It includes adjusting tire pressure, rotating tires, checking and testing all the vehicle fluids, changing engine oil and filter as well as having a technician visually inspect brakes, steering and suspension components.

> "With the Road Ready Package, you will get the confidence to take that trip without having to worry about being left on the side of the road," says Honeywell. "We believe

> > in fair

15304

pricing, quality service and making sure all your questions are answered. Your local Canadian Tire would be more than happy to bring you out into the shop to show and explain everything that is going on with your vehicle."

Canadian Tire has been keeping Canadians on the road for 90 years, using the latest equipment to service all makes and

models. Honeywell, who works at the Canadian Tire at 9940 MacLeod Trail SE, says service managers like him strive to build a long lasting relationship with their clients. Each and every Canadian Tire across Canada is locally and independently owned.

Call your local Canadian Tire to book an appointment for a Road Ready Package and have your AC checked before the really hot weather gets here.





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Blue Jays pitcher Marco Estrada pulled out of the All-Star Game and went on the 15-day DL with a back injury on Wednesday

Saunders puts forth vote-worthy game

MLE

Canadian leads Blue Jays to sweep of Royals

Michael Saunders added to his case as a potential all-star, hitting a solo home run and then adding a tiebreaking RBI double as the Toronto Blue Jays held on for a 4-2 win over the Kansas City Royals on Wednesday.

Saunders, from Victoria, was put on an online ballot on Tuesday, with fans able to vote him on to the American League's all-star team. Before the game, Saunders and his teammates were wearing "Captain Canada" shirts and many Blue Jays have been tweeting to vote for him.

Third baseman Josh Donaldson, designated hitter Edwin Encarnacion and starting pitcher Marco Estrada have already been named to the AL's all-star team.

Marcus Stroman (7-4) pitched eight innings, giving up two runs on three hits and striking out six as Toronto (48-39) won its fifth in a row. It was the longest outing he's pitched in two months, since he threw eight innings on May 1 in a 5-1 win in Tampa. Roberto Osuna earned the save in a quick ninth inning.

Ian Kennedy (6-7) gave up



Michael Saunders hits a home run for the Blue Jays against the Royals on Wednesday night.

TOM SZCZERBOWSKI/GETTY IMAGES

WEDNESDAY In Toronto



four hits and two runs with 10 strikeouts but earned a no decision for the World Series champion Royals (43-41), who have lost four straight including getting swept out of Toronto. Luke Hochevar and Kelvin Herrera each pitched an inning of relief, with Herrera giving up two runs for the loss.

Designated hitter Brett Eibner led Kansas City's offence with a solo homer and two runs.

Saunders hit his 16th of the season on a 3-1 pitch from Kennedy, putting the ball over the right-field wall for a 1-0 Toronto lead.

Ezequiel Carrera added to

the Blue Jays lead in the fifth inning, driving in Junior Lake from second base with a single to centre field.

After Eibner's homer drew the Royals even at 2-2, Saunders smacked a base hit to centre field in the eighth, scoring Encarnacion from second. Russell Martin followed that up with a double down the firstbase line, driving home Saunders and giving Toronto a 4-2 lead. THE CANADIAN PRESS WIMBLEDON

Raonic gets another chance at Federer

Milos Raonic beat Sam Querrey in four sets Thursday to reach the Wimbledon semifinals for the second time and make it to the final four at a Grand Slam for the third time.

The sixth-seeded Canadian lost serve only once and downed the No. 28-seeded Querrey 6-4, 7-5, 5-7, 6-4 on No. 1 Court.

Raonic registered 13 aces and 58 winners, and had just 16 unforced errors compared to the 44 he had in his fourthround win over David Goffin.

"I'm glad I was able to get back on my right path and get the win," Raonic said on Wimbledon's official website.

Raonic, who has added John McEnroe to his coaching team this year, will play Roger Feder-



Milos Raonic GETTY IMAGES

er in the semifinals on Friday. Federer was down two sets to Marin Cilic before rallying for a 6-7 (4), 4-6, 6-3, 7-6 (9), 6-3 win. THE CANADIAN PRESS

NHL

Flames add ex-Sens bench boss to staff

Dave Cameron and Paul Jerrard have joined the Calgary Flames coaching staff under new head coach Glen Gulutzan.

Cameron was head coach of the Ottawa Senators for almost two seasons, while Jerrard was an assistant coach of the American Hockey League's Utica Comets.

They join assistant Martin Gelinas, goaltending coach Jordan Sigalet and video coach Jamie Pringle on Gulutzan's supporting cast.

Gulutzan was hired last month to replace Bob Hartley, who was fired May 3.

The Senators dealt Cameron the same fate in April. The 57-year-old from Charlottetown spent six years with the Senators and was promoted from assistant to head coach partway through 2014-15.

Ottawa went 70-50-17 under Cameron and made the playoffs in 2015.

Gulutzan reunites with Jerrard, a 51-year-old from Winnipeg who was Gulutzan's assistant both with the Dallas Stars and their AHL affiliate from 2009 to 2013. THE CANADIAN PRESS



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30 Thursday, July 7, 2016 metr#sports

Cristiano rises above



Superstar brings A-game as Portugal end Wales' hopes

Cristiano Ronaldo upstaged Gareth Bale to propel Portugal into its second European Championship final, scoring a thumping header and then setting up Nani's goal in a 2-0 win over Wales on Wednesday.

The goals came in the span of three minutes early in the second half in Lyon, helping end Wales' unlikely run to the semifinals in only its second ever major tournament.

Ronaldo equalled France great Michel Platini's record of nine goals in European Championship soccer when he timed a prodigious leap to perfection and planted home a header in the 50th minute.

The Real Madrid star then sent in a long-range shot that a sliding Nani diverted into the net



Cristiano Ronaldo scored the first goal off a header and set up the second. PAUL ELLIS/AFP/GETTY IMAGES

from 10 metres.

Ronaldo — a serial winner in individual and team prizes in club football - will get another chance to win his first trophy on the international stage against

either France or Germany in Sunday's final at the Stade de France in Paris.

"It's what we have dreamt of since the beginning," Ronaldo said. "We knew it would be a

long road and we're still in the tournament."

Portugal last competed in a final at Euro 2004, when the team surprisingly lost on home soil to Greece. A 19-year-old RonWEDNESDAY In Lyon





Ronaldo shared a long conversation with Bale after the final whistle and the Madrid teammates embraced. This could have been the match where Bale emerged from Ronaldo's shadow, but that will have to wait.

"It's very disappointing to be so close to the final," Bale said, "but we have to be proud. This is a proud moment for us, we have achieved a lot."

The Welsh had no response to the successive blows dealt by Ronaldo after a turgid first half that had only really been illuminated by a couple of surging runs from Bale. THE ASSOCIATED PRESS

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IN BRIEF

Messi given 21 months for tax fraud, prison unlikely

Lionel Messi and his father were sentenced to 21 months in prison for tax fraud by a Barcelona-based court on Wednesday, with both sentences likely to be suspended.

The court found the Barcelona star and his father, Jorge Horacio Messi, each guilty of three counts of defrauding tax authorities of 4.1 million euros. In Spain, sentences of less than two years for first offences are usually suspended, meaning neither man would go to jail. That decision, however, rests with the court. THE ASSOCIATED PRESS

Wade leaving Miami to go home to Windy City

Dwyane Wade is going home, making what he called "an extremely emotional and tough decision" on Wednesday night to leave the Miami Heat after 13 seasons and sign with the Chicago Bulls.

Wade will sign a two-year deal with the Bulls, one that will pay him about \$47 million.

THE ASSOCIATED PRESS

Kershaw OK to play catch

Dodgers ace Clayton Kershaw has been cleared to play catch as he rehabilitates from mild disk herniation.

Manager Dave Roberts said Wednesday that Kershaw's latest clearance is "exciting and encouraging." THE ASSOCIATED PRESS

Lampard strikes for NYCFC

Frank Lampard scored his third goal in four games to help New York City FC beat the New England Revolution 1-0 on Wednesday night.

New York City (8-5-6) has won four games in a row and sits atop the Eastern Conference. New England (5-6-7) lost its third straight. THE ASSOCIATED PRESS

Banner day for Belgian

Belgian rider Greg van Avermaet won the first mountain stage of the Tour de France with an audacious solo attack in the Massif Central on Wednesday and also claimed the overall leader's yellow jersey.

The BMC rider was part of an early nineman breakaway and he methodically whittled down the group before accelerating past Thomas De Gendt on the penultimate climb of the day.

THE ASSOCIATED PRESS

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DAILY BREAK

RECIPE Shrimp and Vegetable Spaghetti



1. Preheat oven to 400 F. Toss the

balsamic vinegar, 2 cloves of gar-

lic, oregano and rosemary to coat.

Place vegetables on greased pan

and roast in oven; turn vegetables

once and cook until tender, about

30 minutes. Remove and allow

to cool slightly. Slice the vege-

2. In a skillet over medium heat,

add butter and two cloves of

garlic and cook until aromatic.

Add the shrimp and cook until

they are pink, about 5 minutes.

3. Cook pasta according to pack-

age directions. Drain and place in

olive oil into the pasta. Toss in the

vegetables, as well as the shrimp

and their buttery juices and

serve with feta and basil.

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a large bowl. Drizzle the rest of the

Remove and set aside.

tables into bite size pieces.

zucchini, mushrooms and red

pepper with 2 Tbsp of olive oil,

Ceri Marsh & Laura Keogh For Metro Canada

Ready in

Prep time: 20 minutes Cook time: 30 minutes

Ingredients

- 1 yellow zucchini, sliced
- 2 portobello mushrooms, stems removed, cut crosswise into slices
- 1 red pepper, sliced into quarters
- 1/4 cup olive oil
- 2 Tbsp balsamic vinegar
- 4 cloves garlic, chopped
- 1 Tbsp fresh chopped oregano 1 Tbsp fresh chopped rosemary
- 1 Tbsp butter
- 1 lb thawed peeled deveined shrimp
- 1 box of spaghetti
- · 2 large tomatoes, sliced
- · 1 container marinated artichoke hearts, plus a drizzle of its oil
- 1 cup feta cheese
- 1 handful fresh chopped basil

Directions

ACROSS

1. Elizabeth of "Silent House" (2011) 6. _ constrictor 9. Michelangelo sculpture 14. Dance style, variantly 15. Hole-punching tool 16. Pertaining to sheep 17. Night-on-thetown venues 18. "The Fresh Prince of _-Air" 19. Honeydew _ 20. June, Jul., _.... 21. Caribbean music 23. Lofty/outstanding 25.___Systems (UK defence contractor) 26. Connecting/ securing 27. Possible helpful way out, as of a problem 31. Ms. Miller of "Factory Girl" (2006) 35. Much: 2 wds. 36. Commercial area of Venice 38. Alley-_ (Basketball play) 39. Prince Charles' hereditary revenue-reaping-realm, established in 1337: 3 wds.

42.__Z

as per angles

44. Embellish

45. Save

one: 2 wds.

51. NFL pos-

itions, e.g.

43. Between 90 52. Seeks assistand 180 degrees, ance: 2 wds. 55. Seer's skill, short-style 56. What person? 47. Pick a Bosc from 59. Skirt style 60. Critical 49. Rich tapestry 62. Egg-shaped 64. Donut or muffin alternative

14

17

20

35

39

42

45

59

53

65. Toronto's Danforth, e.g. 66. Enthusiastically exalted 67. Wolf down the food 68. "That's correct." 69. Salon lock

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

22

38

50

60

85

68

40.

43

25

49

DOWN

1. Sea wolf 2. Humdinger 3. Super-pleased with oneself 4. Shrink

18

19

38

56

44

83

48

62

88

69

24

31

51

37

28

Bahamas capital Wawa (Vintage) SNL character) 7. Must money-up

8. Between-buildings spot 9. What Canada Day used to be called, _ Day 10. Get even/retaliate 11. Foul 12. Get _

Car fender damage 22. Town in western Saskatchewan with a built-in-1914 water tower (that resembles a lighthouse) that can be seen from miles away 24. Is cruel to 25. The two of them 26. Posh pieces of porcelain, perhaps 27. "_ Love" by Golden Earring 28. Rinse with a solvent 29. Fashion: Ms. Chanel's 30. Use a sieve 32. Lacking in oxygen means there's what practically?: 2 wds. 33. _ prosequi (Not proceeding, in law) 34. Black Eyed Peas member, __._.ap 37. Misplace 40. "Keep Alive" by Queen 41. Kilograms, e.g. 46. Mason Jars user, often 48. Official study 50. Hunky-dory 52. Pop can open-53. _ Bator (Capital of Mongolia) 54. Capital of Latvia 55. "For Your _ Only" (1981) 56. Used a loom 57. "Get movin'!" commands 58. "Eat My Brain" Canadian band, The 61. Hit album of 2002: _-Olution' 63. Sort, shortly

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20 Something unexpected might occur at home today that shakes up your world. As a result, arguments with authority figures might occur. Pull in your reins and be diplomatic with everyone.

Taurus April 21 - May 21 Your routine will be interrupted today, definitely. Give yourself extra time for wiggle room. If not, you might bark at someone because you are frustrated.

Gemini May 22 - June 21 Keep an eye on your finances and cash flow today, because something unexpected will affect them. Avoid disputes about shared property, money and debt.

Cancer June 22 - July 23 This is a tricky day! Because something catches you off guard, you might be so frazzled that you end up having an argument with a friend or a partner. Chill out.

Leo July 24 - Aug. 23 Something going on behind the scenes is unpredictable today. Feelings of uncertainty could make you impatient with others. Stay frosty.

Virgo Aug. 24 - Sept. 23 Because someone might say or do something unusual, this could lead to a dispute, especially with a member of a group. For your own good, count to three before you respond.

Libra Sept. 24 - Oct. 23 Even though you're unhappy with a decision made by someone, avoid arguments with bosses, parents, teachers, VIPs and the police today. You will lose more ground than you gain.

Scorpio Oct. 24 - Nov. 22 Avoid controversial subjects like politics, religion and racial issues today, because they will become embroiled. Meanwhile, travel plans will be canceled or changed. Crazy day!

Sagittarius Nov. 23 - Dec. 21 Double-check your bank account, because something unexpected might be going on. Quarrels about shared property and debt might occur.

Capricorn Dec. 22 - Jan. 20 This is a dicey day to deal with partners and close friends. Even if you practice patience, you might encounter conflicts with others.

Aquarius Jan. 21 - Feb. 19 Power struggles might arise with a coworker today. This could be due to equipment breakdowns, canceled meetings or something unexpected. Don't lose your cool. Be part of the solution, not the problem.

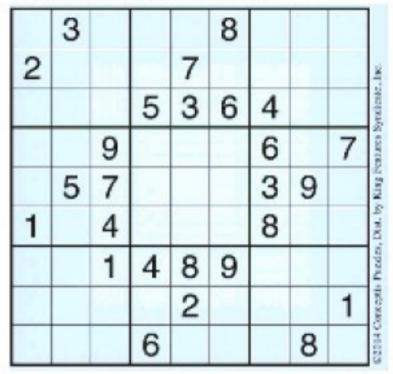
)-(Pisces

Feb. 20 - March 20 Parents will have to be patient with their kids today. Likewise, romantic partners need to be patient with each other, because today is full of intense energy!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

ground floor



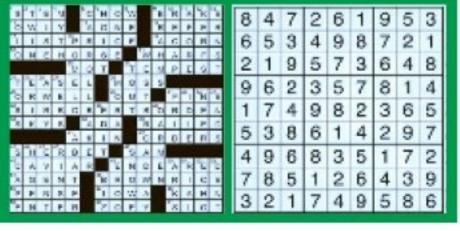
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